



PEOPLE HELPING PEOPLE

email: uctedmsouth1017@shaw.ca
phone: 780-999-3034



NEWSLETTER

APRIL 2026

NEXT MEETING

Monday, May 25 20 6:00PM

Allen Gray Continuing Care Center 5005 28 Ave NW



HERITAGE DAYS AUGUST 01-03, 2026

HERITAGE DAYS August 1-3 will be here before we know it! Back at Hawrelak Park. Start thinking how to schedule your weekend to help fill those volunteer shifts. Schedule will be out soon!

UCT Edmonton South 1017 Golf Tournament Friday June 12

Golf Tournament will be held at Eagle Rock Golf Course. It will be a Texas Scramble format. Everyone is welcome! Expected cost to be around \$100 to include golf, cart and dinner. Registration will be open soon.

GUESTS

Karen brought her mother Ruth
Cory Kormant, CEO Allen Gray Continuing Care Centre (AGCCC)

WELCOME NEW AND RETURNING MEMBERS

Welcome Vic Lefebvre joining our club from the Edmonton Club 1016 and new member Diane Lefebvre!
Welcome back to Marilys Lauder!

MEETING RECAP



Follow Us



APRIL 2026

MEETING RECAP



PRESENTATION GRAY HOUSE GUILD

Gray House Guild a voluntary, non-profit, non-denominational society which owns and operates the AGCCC. Their Intergenerational community offers Senior Long-Term Care and Senior Independent Living as well as an Adult Day support Program and Child Daycare Services. As a non-profit society donations are critical and are utilized across various programs including equipment, program funding and necessary upgrades (e.g. music activities, exercise and mobility, comfort and pressure injury prevention and assistive and interactive technology).

Cory provided our members with a demonstration of an Active Passive Trainer bike, a motorized rehabilitation device designed for lower limb exercise, allowing users with limited mobility to pedal actively, passively (motor-driven), or with assisted resistance. Each bike is \$5000. Software provides a variety of scenic "routes" that the users can choose from while riding.



Here are Monique and Doug trying it out!



Cory and the Active Passive Trainers in the physio studio

ACT EDMONTON SOUTH GOLF TOURNAMENT – MARK YOUR CALENDARS

Date confirmed! Our golf tournament will be held at Eagle Rock Golf Course Friday June 12. It will be a Texas Scramble format. Everyone is welcome!

REQUEST FROM HARMONY AT RUTHERFORD SENIOR LIVING COMMUNITY IN SOUTH EDMONTON

Marilyn, who lives in Harmony at Rutherford, has identified a need for wheelchairs to support residents' who may be experiencing temporary mobility limitations. Joe will research where we can purchase a wheelchair(s).

TABLE STAKES \$\$

The lucky winners of Table Stakes were Ruth and Rick

Follow Us



APRIL 2026

COMMUNITY SERVICE



Edmonton South 1017 proudly supporting Gray House Guild for purchase of Active Passive Trainer Bilkes

CELEBRATIONS



APRIL BIRTHDAYS

Mido Bilassy

MEMBERSHIP ANNIVERSARYS

Colleen Ruptash
Dave and Sharon Ruptash

A Chuckle a Day
Keeps The
Doctor Away



I just saw some idiot at the gym put a water bottle in the PRINGLES holder.

The cashier said, "strip down, facing me".
By the time I realized she meant the debit card, it was too late. 🙄

What occurs once in a minute, twice in a moment, and never in 1,000 years?
The letter "M."

I don't usually talk about my expensive trips, but I just got home from the grocery store...

Kindness is free, but its impact is priceless.

Follow Us

