

Saturday
May 2nd
2026

The Advisor

Issue#5

ACT St. Albert, Council 1024

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News that matters to you

PRESIDENT MESSAGE

It's probably true that April snow showers eventually bring May flowers. That's all well and good, but the yard that was once covered by three feet of that white stuff is now bare—and it looks “like heck”. I suppose we'll get some good exercise cleaning it all up and making everything look great again.

We should all thank our social chairman for organizing a great games night, which was well attended by 30 members and guests. The baseball game was a lot of fun—apparently, one team beat the other by a large margin! Once again, Carol and John put on a fantastic spread that everyone enjoyed, and we can't forget the carrot cake for dessert. Great job, Al.

Our SCOSA Food Drive event got off to a bit of a shaky start. We woke up Saturday morning to -3°C and snow—not exactly ideal weather for working outside. We arrived at Save-On-Foods wondering where we would be setting up, so we spoke with the store manager about possibly being near the entrance without getting in the way of customers. He went above and beyond—he moved us right inside the store and even helped us get set up, along with one of his employees. What a relief! I would like to thank Carolyn, Al, Shirley, Dale, and Krystal for their help.

Our next event will be the casino at the end of June.

I hope to see a great turnout next Saturday—let's see if we can exceed the 15 members who attended the last meeting.

NEXT

Breakfast Meeting

Saturday

MAY 9

Cornerstone Hall

6 Tache Street

Coffee: 8:30 am

Breakfast: 10:00 am

The scoop of the day

Games Night!

GAMES NIGHT was held on Friday, April 17th

The recent Food, Fun & Bean Bag Baseball Night brought the group together for an engaging and lively evening. Attendees enjoyed a variety of delicious food while connecting with friends, family, and fellow members in a relaxed and welcoming atmosphere.

A highlight of the evening was the bean bag baseball game, which sparked friendly competition and plenty of laughter. Perhaps there were some magic beans in one of the teams' bags? Perhaps just 'pure luck'! Participants of all ages joined in, creating an environment that encouraged sportsmanship, and fun.

The event successfully combined social connection with lighthearted entertainment, making it a memorable experience for everyone involved. Overall, the night was a great success, reinforcing the value of community gatherings that bring people together through shared activities and enjoyment.

And what a delicious Cake!



The **FREE** May breakfast goes to; **Dale Sharples**

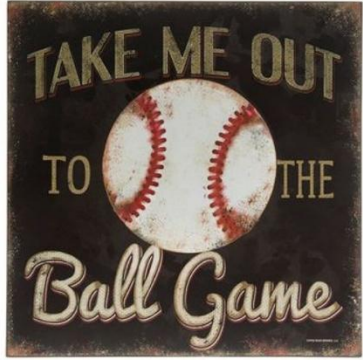


Breakfast Draw



nothing
brings people
TOGETHER
...like...
GOOD
FOOD







FACTS from 2025

The SAFB has supported the community for 42 years. In 2025, nearly 8,000 hampers were distributed, feeding close to 24,000 individuals. Over 1 million pounds of food were received, with more than 906,000 pounds redistributed.

The Community Village, established in 2010, addresses the root causes of food insecurity. Staffed by three Registered Social Workers, it provided over 2,000 support meetings in 2024.

In 2025, 268 individuals experiencing homelessness were supported, including those living rough, in transition, or in vehicles. The most common challenges reported were mental health issues, substance use disorders, and housing loss due to rising rent.

Village programs include rental assistance and financial literacy, homelessness support (with access to showers and laundry), Tools for School (300 backpacks distributed), cultural and community kitchens, and a free income tax program for those who qualified.

Volunteers contributed over 14,000 hours in 2025, highlighting the strong support from the St. Albert community.



Thank you to all the volunteers that assisted with the Save On Foods food bank drive!

This year, due to weather conditions, we were able to fundraise inside the store, thanks to the amazing manager & staff at Save-on-Foods located at Village Landing in St Albert





CASINO FUNDRAISER casino will be held on **Sunday, June 28th & Monday, June 29th** sign up for your volunteer day today!



Emily Shewchuk

FUN FACT: Emily made history when she joined the club in the 1980s, becoming its first woman “traveler” and probably its first woman secretary. At the time, many of the men viewed the secretary role as “a woman’s job,” but she took it on with professionalism and determination, proving it was far more than a stereotype. Her dedication helped shape the club’s direction and set a strong example for others, marking an important step toward greater inclusion and becoming a proud part of the club’s history.



2026 Regional Convention

The A.C.T. Dominion Regional Convention. May 20 - 23, 2026 in Red Deer, AB